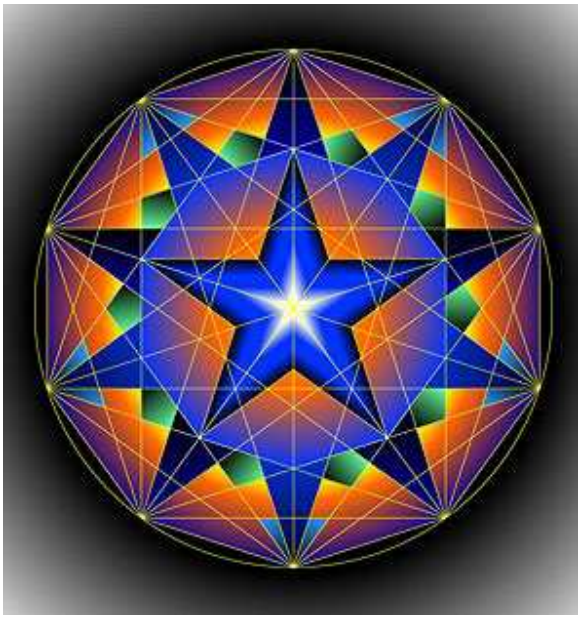
MARCH 18, 2010

THE STRUCTURE OF YOU

(From the Messengers of the 5th Light as channeled by Anna Beatrice)



Beloved One, Beloved One! We see your world this day filled with much growing peace and tranquility. We see hearts filled with light whose steps are easy with a pure heart and truthful mind. There are many nations of men who are preparing for great changes in all structures. The words we say today are about structure and form.

Structures as you know them will change – old forms do not serve those who carry the light. They are a burden. Man has created a heavy burden by those structures he believes to be necessary for his survival. Yet, they are only a hindrance to true freedom to BE.

We look around your planet and see the destruction of her surface where much has been done to impede your ability to be light. Structures of steel, metal and heavily laden objects keep you trapped, they hold you captive in a world of manmade density of form.

We say to you, look at your structures, first and foremost, the vessel that houses your spirit in form. What does it mean to you to have structure?

Structure is about confining what can not be confined. To be free one needs to release from the structure, the pre-designed concepts of who you are in form. We ask you

to ponder how you can release yourself from the confines of the structures you have erected around your hearts. Set yourself free, step out of the “boxes” you have lived in so long, and trust the expansive vistas of Being without form. You are free to be without the identities you have placed yourselves in.

Soon your world structures will crumble down around you. Those places of confinement will no longer serve you, house you or protect you as they only imprison you from the expansive You. Take heart in knowing you are self-contained in the sacred heart that rests within. You are that. You are that!

Know there is a place for you within the heart of your God Creator essence. Be at peace and know you are All That Is. All is well, Beloveds.

We are The Messengers. 3-18-2010 8:23 a.m.