

HEALER, HEAL THYSELF!

A JOURNEY OF SELF HEALING IN THE GREAT SHIFT



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CONTENTS

INTRODUCTION:	1
ABOUT MASTER GUIDE KIRAEEL... from the Honolulu Church of Light.....	4
WHAT IS THE GREAT SHIFT?... from www.kirael.com	5
<i>No Greater Mountain- A Personal Journey of Awakening</i>	8

PART I

Chapter One: The Journey Begins	10
Chapter Two: Who I AM I? The Principle of <i>Truth</i>	16
Chapter Three: Who's In Charge? The Principle of <i>Trust</i>	21
Chapter Four: I AM God's Creator! The Principle of <i>Passion</i>	25

PART II

Chapter Five: Healing the Four Bodies: A Message from the Elven World.....	28
Chapter Six: Healing the Spiritual Body: Soul Nourishment.....	31
Chapter Seven: Healing the Mental Body: Speaking From the Heart.....	38
Chapter Eight: Healing the Emotional Body: Your Body Feels Everything You Think and Say.....	42

PART III

Chapter Nine: Healer, Heal Thyself: Going Deeper Within--
(Exercises for clearing the Mental, Physical and
Emotional Bodies)..... 45

PART IV

Chapter Ten: Healing the Physical Body: The Call to Be a Healer..... 62

CONCLUSION Navigating Your Way Back Home..... 65

The Spirit of The Navigator— A Journey into TRUTH, TRUST and PASSION..... 66

APPENDIX

i. Louise Hay: *You Can Heal Your Body* (Excerpt)..... 68

SOURCES

AND

RECOMMENDATIONS..... 82

Introduction

Namaste!

Welcome to the journey. Congratulate yourself for taking yet another step along the path of self-ascension through The Great Shift.

It is my heartfelt wish that those reading this manual will experience the depth of the love that I have for all my brothers and sisters of the Light in sharing this material. It is a compilation from many sources to provide you with different perspectives on the changing energies of Planet Earth. I have also included two short stories that I wrote years before The Great Shift energies started to impact my life. As I look back on these writings, I gain clarity and perspective. I hope they resonate with you in some way.

I thank you in advance for making this commitment to follow a course of study that I hope will open you further into the Divine expression of who you really are. For you are a spirit, having a “hue-man” experience in this beautiful illusionary world upon which Mother Earth and the Goddess weave have created as your temporary third dimensional home.

In that light, you are called upon to be all that you can be in the expression of unconditional love, not just in service to others, but first and foremost, *in love of thyself*. For how can we attempt to be healers, to channel the love and light of the Creator through our hearts and hands, if we do not first love ourselves above all things?

“Healer, Heal Thyself” is a journey that you will embark upon to fully understand, forgive and heal thyself with the unconditional love of the Creator within. Have no doubt, for you *are* a Divine spark of the Creator in physical manifestation, a gift *you* created with the help of your guides and the loving light of the Creator Father-Mother God.

May this journey bring you to full recognition of your Authentic Self and the perfection that you are. May you walk forward along your evolutionary path in peace and in joy, knowing that you are your own master and emissary of the Creator’s loving light.

Wishing you abundant blessings of love, joy and peace upon your path.

Rev. Anna Elizabeth Beatrice, Founder
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